Ethicon Expert Meeting Meshes for Pelvic Floor Repair

Friday, June 2, 2006; Location: Oststr. 1, Norderstedt, Meeting Room "Forum"

Participants: Prof. M. Cosson Prof. B. Klosterhalfen Prof. J. Deprest Prof. B. Jaquetin Dr. V. Lucente Dr. Vierhout

- T. FoltynJ. GillespieQ. ManleyAllison London BrownO. BerthierM. Timmer
- P. MeierJ. HolsteJ. TrzewikB. Hellhammer

Highlights from the presentations:

Experiences with Vaginal implants (Prof. Cosson)

Complications of pelvic floor surgery using mesh implants:

1. Erosions

May affect vagina, urethra, bladder, rectum Not considered a big problem in the vagina (3% Vaginal Erosions with Prolift), patient mostly unaware, surgeon cuts out mesh and sutures vaginal wall. More Erosions after Hysterectomy.

There is a need to have a clear definition of erosion, wound dehiscence etc (s.a.)

Clinical experience has demonstrated that uterine preservation and not using a T-incision will help to reduce the risk of erosion.

2. InfectionMonofilament material preferred to multifilament.Would low density material reduce the infection risk?



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3. Contraction

Prof. Cosson offers a classification system. He found a 2,8% symptomatic contraction rate with Prolift.

Clinical symptoms from local palpation through occasional pain and dyspareunia to spontaneous chronic pain.

Chronic pain is not a frequent complication – 1 case observed in 110 Prolift patients – yet it is the complication of most concern to surgeons

Prevention: low lateral tension

Biological response to surgical mesh (Prof. Klosterhalfen)

Huge surface area of meshes (e.g. more than 300 m of suture)

Even after 20 years the tissue is still reacting to the mesh.

Fibrosis is responsible for complications in mesh usage. There is less fibrosis with Vypro compared to PP

Foreign body reaction:

- Fibrinogen and Albumin bind to biomaterial, change and activate the immunologic system
- active process, a "chronic wound", to be demonstrated by proliferating and dying cells
- combination of material and genetics.

Optimum pore size is material dependent (critical pores size; at least 1-2mm), scar formation a combination of pore size, surface area, polymer.

Large pores: fibrosis on the mesh fiber only

Small pores: interconnection between mesh pores due to fibroses leading to mesh shrinkage.



gray: mesh fibers; red: fibrotic tissue left: large pore size, no interconnection between mesh fibers; right: small pore size, mesh shrinkage due to fibriotic interconnection between fibers

Benefit of mesh with collagen questionable. Not only the first week of wound healing important.

Early fibrosis in Vypro is reversible.

Bioactive effect needed for 2-3 months, then the scar is mature.

Shrinkage of 20%: Loss of water. Just like scar shrink as well.

Shrinkage of 20% means reduction of mesh area to 64%

Myo-fibrocytes, if many macrophages appear.

Mesh is fixed in tissue within 1-3 days

Observed calcifications in stiff meshes (remaining growth factors, bone formation)

Monocryl causes less inflammatory response compared to Vycril.

Collagen or Titanium on mesh is of no use

Every Individual reacts different to a mesh.

Tension of the mesh changes pore size \rightarrow change in elasticity

Films or Foils cause more shrinkage than meshes Meshes can cause Nerve damage due to mechanical irritation (mesh bears on nerve) There is no inert material

Preclinical models for testing meshes (Prof. Deprest)

He uses 2 animal models: Rat for 2-90 days and Rabbit for 30 days – 2 years The best result are achieved if meshes are fixed with sutures of identical material Observations with Pelvicol: Pelvicol does not integrate in tissue, encapsulation, local degradation (50% of implant), no remodelling, stiff, early and late recurrence (2 y) It shows little inflammatory response Xenograft reaction is acellular Pores versus no pores: better strength with pores Pro-inflammatory cytokines: less in Pelvicol than in pp Pelvicol support decreases after 6 months

SIS: bulging after one year (fast remodelling – 90 days)

Clinical experiences with meshes e.g. Vypro (Prof. Jaquetin)

Own results with 106 patients (Vypro 81%, Vypro II 19%, different surgical techniques): 10% recurrence, 9,4% shrinkage (underestimated), 4% rigidity , 17,1% erosions.

Better results achieved in Gynemesh Vypro multicenter study (BHe:

Pelvicol: rejection in 33%, does not recommend its use TBM: mesh folds and retraction Concerns: feel edges, arms; own experience with cutting the arm \rightarrow pain-free Suggestion: no arms after 2 weeks (all participants agreed), shorter arms. "could be interesting to use Vypro in prolift" Erosion is no severe problem, comfort/pain is an issue Infections can occur 6 months after surgery

Highlights from the discussion:

Connective tissue does not add to strength In general meshes are to strong in dimension (B. Klosterhalfen, all) No in-growth in visceral part of mesh Ligaments stronger (Cosson has data) center to so strong for recto less than for cysto Estrogen influence \rightarrow put estrogen on meshes?! Blood vessel ingrowth (V. Lucente) Adhesion barrier is of interest (V. Lucente) Bioactive: promoting angiogenesis (for 3rd and 4th generation) Dissection: avoid vessels, no uterine removal Vaginal pain after implantation of meshes is rare, but feared, since there is not real treatment option (V. Lucente: prefer 20 recurrences or Erosions over 1 pain patient) Late erosions: apex the most An acceptance and communication, that erosions will occur in mesh usage for POP-repair could improve the acceptance or meshes. Devascularisation is one cause for Erosion Reduce ischemia. Close the vagina? or leave it open?

Pressure inside the vagina (Cosson) Physiotherapy balloon Good experience with colporrhaphy + TiMesh extralight (Vierhout) No deformation of mesh Coefficient of friction (similar to TVT); friction = holding properties. Friction is important to hold the implant in place for the first hours (friction tests?)

Active role of ProLift = mid of body, beneath the vagina, part of the arms needed for 10 days, no longer (absorbable) Current shape widely physiologic Posterior mesh should be longer TVT + Prolift lowers chance of recurrence

There is a huge need for more research and data in biomechanics of POP and PFR with meshes (Biomechanics model)

Erosion: Infection, ischemia: technique (surgeon), too superficial, Material Not a lot to be improved

Shrinkage:

Physiological maturation of scar (age, gender, genetics dependent) More inflammation = more shrinkage ?! shrinkage is not controlled by "softness" of mesh One approach might be control of fibrosis and neoangionesis

Pronova + Monocryl better than pp + Monocryl? + Actives (e.g. plastic surgery to avoid keloid formation, steroids)

Cocktail of steroids (Lucente) Link Actives to Monocryl or other spacers, absorption 120 d (Klosterhalfen)

Priority: Fibrosis, neoangiogenesis, antibacterial, Collagen test

Ultrapro: Interesting, confusion, better inflammatory reaction (vaginal outcome?) Clinical experience Less shrinkage in animal model (B. Klosterhalfen)

ProLift: excellent, "not ideal" (Jaquetin) Gynemesh PS: Best material for Sacrocolpopexy This is the summary of unmet needs:

Unmet clinical needs	Priority (points)
No shrinkage / no long-term contraction	10
Fibrosis reduction	10
Severe contraction \rightarrow Dyspareunia \rightarrow sexual function	
Tension response	
= 1 Sexual pain?	
No folding of mesh	
No rigidity	
No vaginal distortion normal vaginal wall maintain sexual function	8
normal sexual function	
Elasticity simulating physiology	5
No chronic pain	4
Patient comfort	2
Less erosion	
Less vaginal mesh exposition	
BIO-active, "long term " - 90 days	3
• growth factors	
• anti-bacterial	
• hormonal	
• angiogenesis	
Better handling	3
Implantation process:	
\rightarrow Make it easier	
\rightarrow Correct placement	
Simple application	
Even simpler to apply	
Poor understanding of pathophysiology	3
Durable results	2
Will recurrence rate increase long-term?	
No foreign body reaction	
Less inflammatory response	
No local inflammation	
Is there an "optimum" foreign body reaction?	
"No mesh at all is the best"	
Low complications	
No complications	
Lack of palpable mesh in vagina	
Smart incorporation	
- tissue of adjoining viscera NOT able to in-grow	
Discrete "implant – sections that match needs of physiology	

Different site of PF – Different Implant? (cysto versus recto)	
Cost effective	
Appropriate materials for younger patients	
Thinking outside the mesh for infections	
- managing patient factors, Steroid /smoking/vag. flora	
- prep of vagina	
- peri-operative antibiotics	
- irrigation	
Role for "local" antibiotics?	
Genetic variability in tissue response	
Early non-surgical management for "excessive" fibroblast response?	
Injection of steroids?	

Miscellaneous	Priority
Goals of explant heals	1
Biomechanics model	1
Infection model	1
Model for mesh augmentation in vaginal surgery	1
Education on complication management	
Education for physicians on "shrinkage", causation and tissue	
formation	
How to measure "normal" properties of vaginal function?	
Elasticity, pliability, rigidity, shrinkage	
Extrapolate data on mesh? Hernia versus pelvic floor vs TVT,	
Best Mesh?	
Strength of mesh? What is needed to support? How much?	
How little?	
Registry	
Vaginal response during sex cycle	
Why dyspareunia? = Phys. pathology?	
Clear product description multi- versus monofilament	
Need of clear definitions: erosion, exposure, dehiscence,	
migration, vaginal complications	
Market trends	

Market trends	
Large Pores; Pore Size	
Low Weight	
Density of the mesh	
Monofilament versus Multifilament	
Infection	
Erosion no longer the issue	

Handling	
Delivery system	
Pliability	
No rigidity	
Softness	
Blue stripes; Landmarks	
Polypropylene monofilament knitted	
Mesh coated with collagen	
Ti Mesh	
Hybrid Mesh ; Partly absorbable hybrid	
Pelvicol	
PelviTex	
Smooth muscle injection	

The usage of Ultrapro in Prolift was fully supported by V. Lucente. M. Cosson and B. Jacquetin like the idea, however would like to have some clinical data before supporting it. Jan Deprest said "Not needed at present, might be confusing, market cannot follow. Maybe later with clinical data" and M. Vierhout was not fully convinced, but is interested in getting some clinical data on usage of UltraPro in pelvic floor repair.

B. Hellhammer, P. Meier, J. Trzewik / June 20, 2006







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